



**May / Mayo/ 五月**  
**Grand Coalition of Seniors Virtual Classes & Activities/ Clases Virtuales & Actividades/網課線上活動表**

**Social Services/ Servicios Sociales/**

**Information & Referral/ Información & Referencia/ 服務資訊**

**Registration for Getfood Home deliver meals/註冊拿菜**

**Inscripción para Comida en su Casa**

**For any other services or Questions, please call staff/ 有問題請播打電話**

**Para cualquier otro servicio o Preguntas, por favor llame al personal:**  
**Doris Estevez – 646-201-4249**  
**Deysy De La Cruz – 646-201-4250**  
**Tom 葉生 – 646-201-4233**  
 我們來服務您!  
**We are here to help you!**  
**¡Estamos aquí para ayudarte!**

**Friday 星期五**

**3** 9:30 am: Tai Chi Practice太極  
[Click here to join](#)  
 PW:4ehZCx

**7** 10:30 am: English class 英文課  
[Click here to join](#)  
 PW:4ehZCx

**10** 9:30 am: Tai Chi Practice太極  
[Click here to join](#)  
 PW:4ehZCx

**14** 10:30 am: English class 英文課  
[Click here to join](#)  
 PW:4ehZCx

**1:00 pm: Chinese Chorus 合唱班**  
[Click here for YouTube video](#)

**17** 9:30 am: Tai Chi Practice 太極  
[Click here to join](#)  
 PW:4ehZCx

**21** 10:30 am: English class 英文課  
[Click here to join](#)  
 PW:4ehZCx

**24** 9:30 am: Tai Chi Practice太極  
[Click here to join](#)  
 PW:4ehZCx

**28** 10:30 am: English class 英文課  
[Click here to join](#)  
 PW:4ehZCx

**1:00 pm: Chinese Chorus 合唱班**  
[Click here for YouTube video](#)



**Thursday 星期四**

**6** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am Senior workout 運動課**  
[Click here to join](#)  
 PW:4ehZCx

**13** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am Senior workout 運動課**  
[Click here to join](#)  
 PW:4ehZCx

**20** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am Senior workout 運動課**  
[Click here to join](#)  
 PW:4ehZCx

**27** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am Senior workout 運動課**  
[Click here to join](#)  
 PW:4ehZCx

**Wednesday 星期三**

**5** 9am- One on One Calls w/Reneida

**2pm - Painting Class 國畫班**  
[Click here to join](#)  
 PW:4ehZCx

**1:30 pm: Zumba w/Luis**  
[Click Here To Join](#)  
 PW:1550

**12** 9am- One on One Calls w/ Reneida

**2pm - Painting Class 國畫班**  
[Click here to join](#)  
 PW:4ehZCx

**1:30 pm: Zumba w/Luis**  
[Click Here To Join](#)  
 PW:1550

**19** 9:30am Tai Chi Arthritis Class [Click the link](#)

**9am- One on One Calls w/Reneida**

**2pm -Painting Class 國畫班**  
[Click here to join](#)  
 PW:4ehZCx

**1:30 pm: Zumba w/Luis**  
[Click Here To Join](#)  
 PW:1550

**26** 9am- One on One Calls w/Reneida

**2pm- Painting Class 國畫班**  
[Click here to join](#)  
 PW:4ehZCx

**1:30 pm: Zumba w/Luis**  
[Click Here To Join](#)  
 PW:1550



**Tuesday 星期二**

**4** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am: Computer class 電腦課**  
[Click here to join](#)  
 PW:4ehZCx

**10:30 am: Chinese Calligraphy Wechat**

**11** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am: Computer class 電腦課**  
[Click here to join](#)  
 PW:4ehZCx

**10:30 am: Chinese Calligraphy Wechat**

**18** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am: Computer class 電腦課**  
[Click here to join](#)  
 PW:4ehZCx

**10:30 am: Chinese Calligraphy Wechat**

**25** 9:15 am Arts & Craft Chat  
 Call in :646-201-4204  
 password:6462014

**10:30 am: Computer class 電腦課**  
[Click here to join](#)  
 PW:4ehZCx

**10:30 am: Chinese Calligraphy Wechat**

**Monday 星期一**

**3** Fresh Produce Food Pantry

**10** Fresh Produce Food Pantry

Chinese Karaoke  
 1:00pm-2:00pm  
[Click here to join](#)  
 PW:4ehZCx

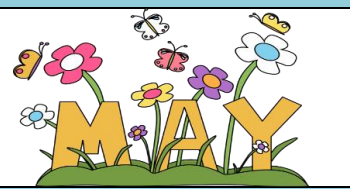
**17** Fresh Produce Food Pantry

**24** Fresh Produce Food Pantry

Chinese Karaoke  
 1:00pm-2:00pm  
[Click here to join](#)  
 PW:4ehZCx

**31** Memorial Day  
 Día Conmemorativo  
 陣亡將士紀念日  
 中心關閉一日  
 Center closed/centro cerrado

# May/ Mayo/五月 2021 Grand Street Settlement virtual special events list



	<b>Monday</b> <b>Lunes</b> <b>星期一</b>	<b>Tuesday</b> <b>Martes</b> <b>星期二</b>	<b>Wednesday</b> <b>Miércoles</b> <b>星期三</b>	<b>Thursday</b> <b>Jueves</b> <b>星期四</b>	<b>Friday</b> <b>Viernes</b> <b>星期五</b>
<b>Week 1</b>	<b>5/3</b> <b>1:15pm - Poets &amp; Writers</b> <a href="#">Click the link</a> Passcode: 762065	<b>5/4</b> <b>12pm - Chair Yoga</b> <a href="#">Click the link</a> Passcode: welcome1	<b>5/5</b> <b>10:30am - Cinco de Mayo Event</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/6</b> <b>1pm - SNAP Nutrition Class</b> <a href="#">Click the link</a> Passcode: 929615	<b>5/7 Arts &amp; Craft Virtual class"</b> 10:00am – 11:00 am <a href="#">Click the Link</a> Passcode: uuj688 <b>5/7 Cooking Demo w/ Joselle</b> 11:30-12:15pm <a href="#">Click the Link</a> Passcode: uuj688 <b>5/7 Social Distancing Bingo</b> 1:00 pm – 2:30 pm Call-in 646-201-4204 Passcode:6462014#
<b>Week 2</b>	<b>5/10</b> <b>1:15pm - Poets &amp; Writers</b> <a href="#">Click the link</a> Passcode: 762065	<b>5/11</b> <b>12pm Chair Yoga</b> <a href="#">Click the link</a> Passcode: welcome1  <b>1:30pm – Mother's Day PM Show</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/12</b> <b>10:30am- DFTA Nutrition Class w/Amelia</b> <a href="#">Click the link</a> Meeting ID: 984 118 4081 Passcode: 239129	<b>5/13</b> <b>1:30pm – Older American Month PM Show</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/14 Arts &amp; Craft Virtual class"</b> 10:00am – 11:00 am <a href="#">Click the Link</a> Passcode: uuj688 <b>5/14 -Cooking Demo w/ Joselle</b> 11:30-12:15pm <a href="#">Click the Link</a> Passcode: uuj688 <b>5/14 Social Distancing Bingo</b> 1:00 pm – 2:30 pm Call-in 646-201-4204 Passcode:6462014#
<b>Week 3</b>	<b>5/17</b> <b>1:15pm - Poets &amp; Writers</b> <a href="#">Click the link</a> Passcode: 762065	<b>5/18</b> <b>12pm Chair Yoga</b> <a href="#">Click the link</a> Passcode: welcome1  <b>1:30pm AMOB/Doris (1) (TBA)</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/19</b> <b>10am- May Lower East History Month AM Show</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/20</b> <b>1:30pm AMOB/Doris (2) (TBA)</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/21 art and craft virtual class</b> <b>10:00am – 11:00 am</b> <a href="#">Click the Link</a> Passcode: uuj688 <b>5/21 Cooking Demo w/ Joselle</b> <b>11:30-12:15pm</b> <a href="#">Click the Link</a> Passcode: uuj688 <b>5/21 Social Distancing Bingo</b> 1:00 pm – 2:30 pm Call-in 646-201-4204 Passcode:6462014#
<b>Week 4</b>	<b>5/24</b> <b>1:15pm - Poets &amp; Writers</b> <a href="#">Click the link</a> Passcode: 762065	<b>5/25</b> <b>12pm Chair Yoga</b> <a href="#">Click the link</a> Passcode: welcome1  <b>1:30pm AMOB/Doris (3) (TBA)</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/26</b> <b>10am – Senior Safety (Eric)</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/26</b> <b>1:30pm AMOB/Doris (4) (TBA)</b> <a href="#">Click the Link</a> Passcode: uuj688	<b>5/28 Art and Craft virtual class</b> <b>10:00am – 11:00 am</b> <a href="#">Click the Link</a> Passcode: uuj688 <b>5/28 Cooking Demo w/ Joselle</b> <b>11:30-12:15pm</b> <a href="#">Click the Link</a> Passcode: uuj688 <b>5/28 Social distancing Bingo</b> 1:00 pm – 2:30 pm Call-in 646-201-4204 Passcode:6462014#

**Week 5**

